



VENTURA COUNTY
PUBLIC HEALTH
Protecting Health - Promoting Wellness

July 14, 2025

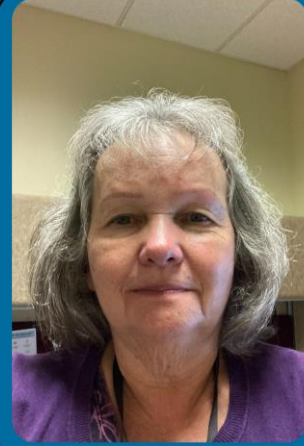
TRUANCY HABITS REDUCED INCREASES VITAL EDUCATION (THRIVE) PROGRAM

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Objectives

1. THRIVE Program Overview
2. History, growth and evolution of THRIVE
3. JJCPA Evaluation Results
4. Proposal for adding two new positions
5. Data overview
6. Budget
7. Testimonials

Meet the THRIVE PHN Team!



Meet More of the THRIVE Team!





Who Does THRIVE Work With?

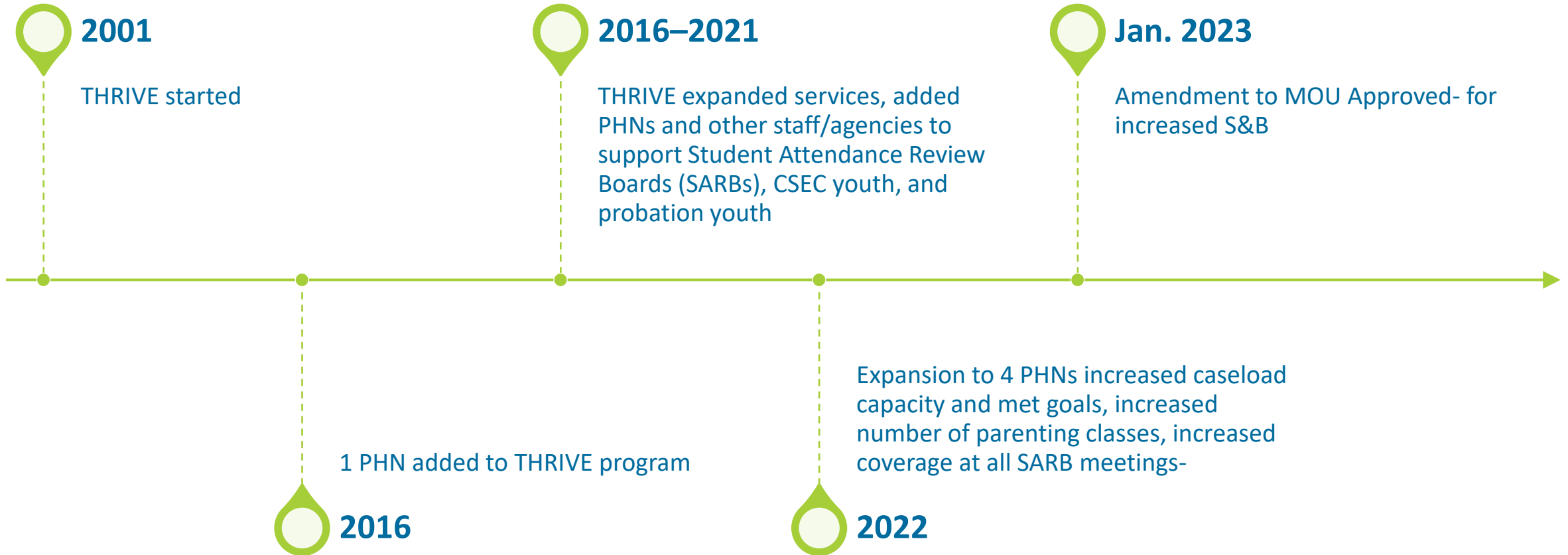


THRIVE TEAM

Multidisciplinary team collaboration to address barriers to school attendance

- Goal: To keep youth out of truancy court by increasing attendance and improving learning
- THRIVE PHNs attend SARB meetings at Ventura County schools and work closely with each district
- Target Populations- SARB students countywide

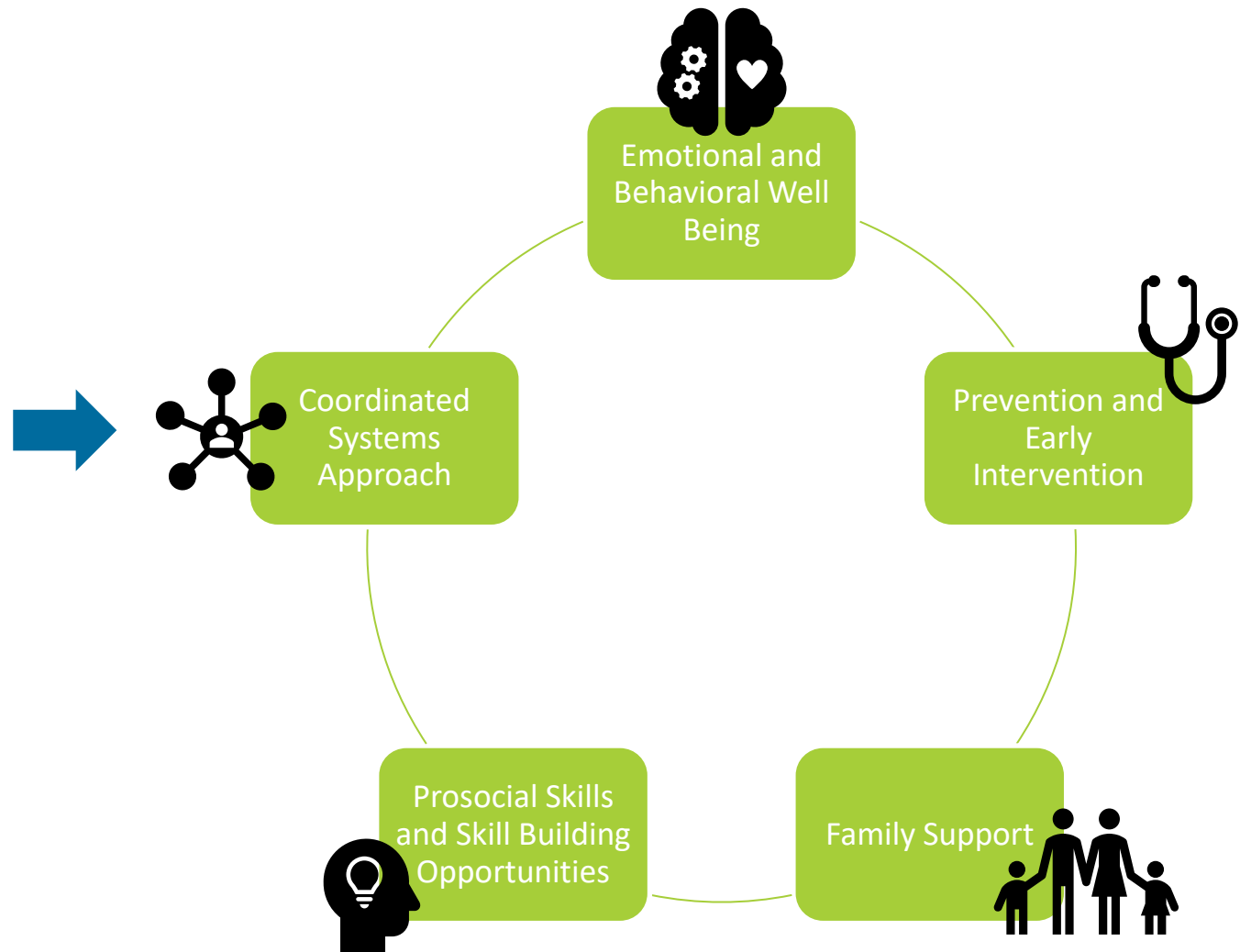
History, Growth and Evolution of THRIVE



THRIVE Program PHN Goals and Five Focus Areas from Juvenile Justice Plan

The overall goal is for the PHNs to work in collaboration with the THRIVE and CSEC team:

- 1) Focus on increasing school attendance
- 2) Reduce the number of youth referred to truancy court
- 3) Mitigating the effects of human trafficking.



PHN Scope of Work

Public Health Nurses (PHNs) support high-risk youth and their families through a client-centered, trauma informed approach. Core responsibilities include:



Comprehensive Assessment & Case Management

- Utilize the Nursing Process, which consists of bio-psychosocial assessments, nursing diagnosis, planning, intervention, outcomes, and evaluation
- Conduct home, school, and probation site visits for individualized 1:1 support
- Services include:
 - Health assessments & education
 - Referrals and linkages to services
 - Screenings (violence, mental health, development)
 - Goal setting and progress monitoring

PHN Scope of Work

Public Health Nurses (PHNs) support high-risk youth and their families through a client-centered, trauma informed approach. Core responsibilities include:



Family Engagement & Trust-Building

- Biweekly or monthly visits foster relationships with both youth and caregivers
- PHNs apply motivational interviewing, ACEs-informed care, and strength-based strategies
- Focus us long-term behavior change and holistic family wellness

Bilingual Parenting Education

- Facilitate four parenting classes annually, often court-mandated for THRIVE/SARB families

PHN Scope of Work

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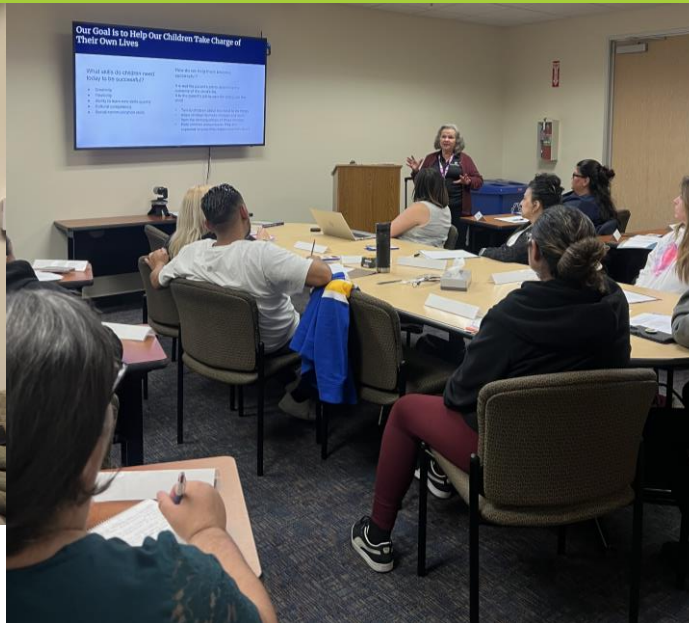
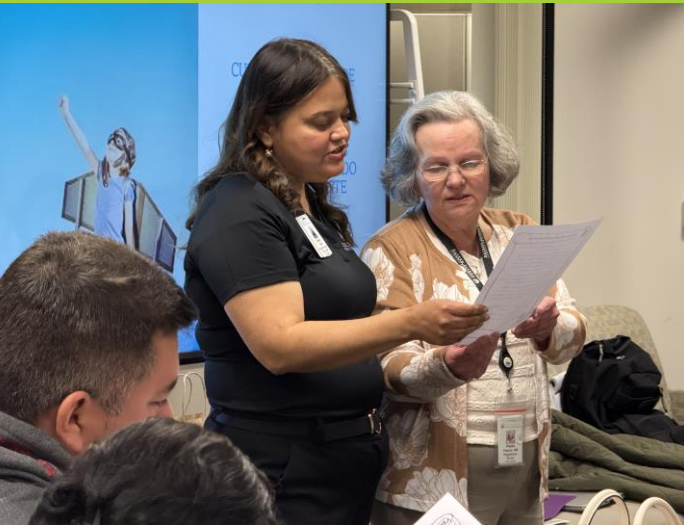
SARB & Probation Collaboration

- Attend SARB meetings (peak season: March – June) to screen and open cases
- Accept referrals from Probation and SARB for ongoing support

Flexible & Accessible Delivery

- PHNs meet clients where they are: via telehealth, in clinics, schools, coffee shops, and more
- This flexibility increases engagement and reduces service barriers

More on Parenting Classes and Outreach



Breakthrough Parenting Classes

- Certified Breakthrough Parenting instructors
- 6-week in-depth curriculum focusing on effective communication, disciplining with love, promoting healthy self-esteem, and more
- Offered in English and Spanish
- In-person and virtual options to reach families with childcare, transportation, and scheduling barriers

Outreach

- Back to school events
- Attendance matters events
- Probation events to educate and engage youth
- Support for other Community Health Nursing programs/collaborations (FIMMR, NICU rounds, New Start for Moms, etc.)



Why we need the Expansion: Operational Gaps

Proposal: Add 1 Public Health Nurse and 1 Community Health Worker

PHN Gaps

- No PHN coverage for “Add-On” SARBs or when PHNs are out (vacations, trainings, call-outs)
- Limited caseload capacity = only high-acuity youth served — **no room for prevention or family support**
- Currently using CHN PHNs to support with THRIVE SARB meeting demand

Administrative Support Gaps

Community Health Workers (CHWs) needed for non-nursing tasks:

- Parenting class registration and Zoom facilitation
- Interpretation services for home visits (HVs)
- Classroom tech/logistics
- Provide Families with CHW support (non-nursing case management)

Community Gaps

- Low acuity clients/from schools and prior to SARB or Probation engagement
- Prevention work needed with school aged youth

Why we need the Expansion:

PHNs Are Overextended

- Must cover **all SARBs** to maintain best practices
- FY 25–26 SARB will be transition to new SARB process (DA & paralegal changes)

Growing Caseload Acuity

- More complex client needs, with no decrease in volume
- Youth increasingly facing:
 - Mental health crises
 - Suicide risk
 - Substance use challenges

Expansion Proposal for 1 PHN & 1 CHW

Education & Community Outreach

- Teach *Growing Together* Workshop
- Monthly Health Education Workshops at Probation Office
- Collaboration with school Wellness Centers
- Increased outreach capacity: schools & community (monthly)

Enhanced Clinical & Program Support

- “Nurse of the Day” on-site for probation youth
- Serve as THRIVE PHN Immunization Liaison
- CHW to assist with parenting workshops (Zoom, in-person, enrollment)

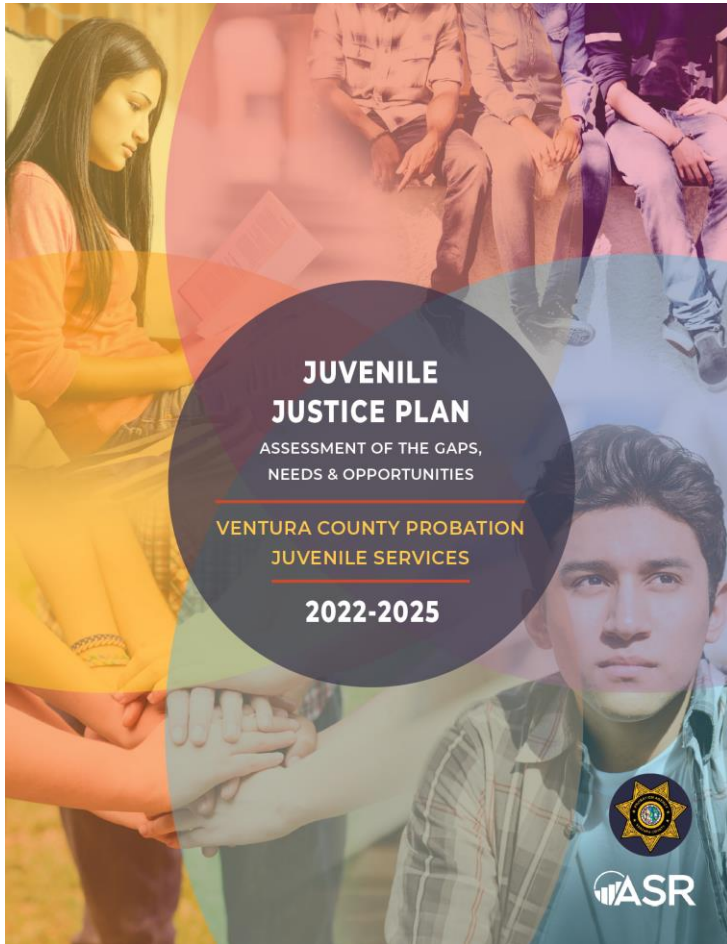
Home Visiting & Case Management

- Provide “Family HV Shifts” using Servius EHR
- Begin accepting non-SARB school referrals
- Increase caseload capacity to **170 clients/year**

Coverage & Continuity of Care

- Back-up PHN for Add-On SARBs, vacations, and trainings

Expansion Aligns with Juvenile Justice Plan Recommendations



Recommended Strategy:

“Partner to support more prevention and early-intervention solutions to family discord. House mental health services, parenting classes, and parent support groups within elementary schools in the most vulnerable neighborhoods...”

- Juvenile Justice Plan (2022-2025)

How the Expansion Responds:

- Brings **parenting classes and support services** into schools and probation spaces
- Promotes **early intervention** for families with at-risk youth
- Shifts system from *reactive* to *proactive*
- Reduces stigma by meeting families in community spaces

SARB Data and Parenting Classes Data

FY 24-25

SARBs

- 15 Add-On SARBS *
- PHNs attended 229 SARB meetings
- PHNs assessed a total of 2,406 students in the SARBs

Capacity of Referrals/Cases History

FY 19-20

PHNs Case Managed a total of **113** cases/referrals (average of 37 cases/referrals per PHN)

FY 20-21

PHNs Case Managed a total of **92** cases/referrals (average of 30 cases/referrals per PHN)

** COVID-19
Pandemic Began
March 2020*

FY 21-22

PHNs Case Managed a total of **109** cases/referrals

2022

4th PHN approval expansion and we estimated to increase to 140 cases per year

FY 23-24

PHNs Case Managed a total of **93** cases/referrals

** Vacancies for 2
PHNs positions*

FY 24-25

132 cases/referrals case managed-goal was 140

FY 25-26

With new PHN- estimate we will increase to **170** cases/referrals

Report and Data

Top 5 Reasons for Missing School, Based on 23-24 FY Data

Mental Health Concerns
Home Routines
Refusal
Health Care
Parenting

Client Testimonial



- **Budget Shortfall**
 - Current funding is short by **\$80,850.06** for FY 24–25
 - Cannot sustain 4 bilingual parenting classes under current MOU without admin support
- **Requesting 2 Additional Staff (PHN and CHW) and negotiated increases in salary and benefits, not to exceed \$1.3 million annually**

Questions